



## Wild Earth Sisters 2023 Retreat

4 Sundays + a Saturday-Sunday overnight In New Marlborough, MA

Leave your cell phone and your to-do list behind, and step into a nourishing day in the life of the woods. We'll circle around a community fire, then let the energy of the group and the gift of the wild guide us, with plenty of time for connection with other wild earth sisters and time for solitude, if that's what you need. At day's end no one wants to leave, it's that exquisite!

The weekend autumn overnight extends our time together and allows us to explore the passing of day into night (and night into day), the changing sounds, the glowing embers of a well-tended fire, the starry sky, lovingly prepared delicious food, and a deep night's rest in a beloved forest. There's no one to take care of, no work to be done, no email to answer.

As we retreat, we make friends with and deepen our relationships with the flora that surrounds us. We identify, gather, process, craft with, and eat or make medicine with wild plants – from acorns to nettles to evergreens and more. We explore primitive skills including fire-making, shelter building, primitive cooking, bird language, ephemeral art, and animal tracking. Time loses its pull as the power of our connection to the natural world keeps us present in the moment.

## Wild Earth Sisters Retreat 2023

Sunday June 4, 10am-4pm

Sunday July 23, 10am-4pm

Saturday September 9, 1pm – Sunday September 10, 11am: Overnight includes delicious snacks, dinner, and breakfast.

Sunday October 15, 10am-4pm

Sunday December 3, 10am-4pm

Wild Earth Sisters Retreat 2023 Tuition:

\$700 early pricing prior to May 1, 2023

\$750 after May 1, 2023

Individual retreat day pricing: \$150 per day, overnight \$250 (if space permits)